

# RESOURCES FOR STUDENTS: IMPROVING WELL-BEING

## USM Behavioral Health Clinic

are fixed.

Offer services for children, adolescents and adults. Serves community members and students, faculty, and staff. Services include individual, child, family, couples and group therapy, comprehensive diagnostic evaluations/ assessments, consultation in various areas.

## Student Counseling Services

[usm.edu/student-counseling-services](https://usm.edu/student-counseling-services) • 601-266-4829

Contact: [counseling@usm.edu](mailto:counseling@usm.edu)

Price: Free

Sees students on a short-term basis for counseling and provides assistance to walk and students in crisis. Student Counseling Services provides care to students with a wide range of concerns, particularly those related to the development of strong coping skills and issues that interfere with academic achievement.

## Student Health Services